

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to

announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



**The First National Eucharistic Congress in 83 years
July 17-21, 2023 | Indianapolis, Indiana**

This is a pivotal moment in both American history and the legacy of the Catholic Church. The Diocese of Metuchen has been promoting this event for the past year partnering with Corporate Travel Service to create travel packages for the parishioners in the diocese. At this time, there are still an ample number of passes. However, accommodations and transportation will not be available through the diocese. Attendees will need to independently make their own arrangements. If you or someone you know would like to attend the NEC this summer, we ask that you please register as soon as possible. Please contact Adam Carlisle (acarlisle@diometuchen.org) in the Office of Evangelization & Communication in the Diocese of Metuchen.

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.

EUCHARISTIC GUARDIANS

We are always in need of more Eucharistic Guardians.



Eucharistic Guardians dedicate themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament. They make Perpetual Adoration possible by assuring that Jesus is never left alone. For more information or to sign up, please call the Parish Office or Gerry Aboyme at 732-266-4145.

PERPETUAL ADORATION OF THE BLESSED SACRAMENT



Our parish offers Exposition of the Blessed Sacrament 24/7 in our Eucharistic Adoration Chapel located in the Parish Center. We are very blessed to be the only parish in the Diocese of Metuchen to offer Perpetual Adoration. We welcome and encourage you to regularly visit our chapel and to invite others as well.

EUCHARISTIC REVIVAL Pilgrimage Passport

June 2023 – June 2024



The children in the religious education program here at Our Lady of Fatima Church are engaging in the Year of Eucharistic

Revival by making a pilgrimage to various chapels, shrines and holy sites within the surrounding area to visit Jesus in the Blessed Sacrament. They have each received a little "passport" to take with them and to get stamped as they complete their visit to each site. If you would like to participate in this spiritual pilgrimage as well, pick up a passport at the main entrance to the church. We hope many children will partake in this wonderful experience visiting Jesus! Additional information can be found on our parish website www.olfparish.org.

"The Eucharist is a priceless treasure: by not only celebrating it but also by praying before it outside of Mass we are enabled to make contact with the very wellspring of grace." – Pope Saint John Paul II



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage in the Diocese of Metuchen



The St. Elizabeth Ann Seton Route of the National Eucharistic Pilgrimage will begin in New Haven, Connecticut, **and will pass through the Diocese of Metuchen on May 27-28, 2024.** During these two days, the Diocese of Metuchen will welcome the National Eucharistic 'Perpetual Pilgrims' as they process from the Cathedral of St. Francis of Assisi, to St. Peter the Apostle University and Community Parish, New Brunswick, and St. Augustine of Canterbury in Kendall Park. We encourage you to eat, pray, and walk with them as they witness to the world that Jesus is here, present in the most Blessed Sacrament, and that he accompanies us - all of us - on our pilgrimage in life.

There will be three stops in the Diocese of Metuchen for the National Eucharistic Pilgrimage. **Attendees must register for each stop at <https://diometuchen.org/nep2024>.** Please select the Pilgrimage stop in the Diocese of Metuchen to Register. *Please be aware that registration is handled by the National Eucharistic Pilgrimage and the Modern Catholic Pilgrim.*

Date: Monday, May 27, 2024

Location: The Cathedral of St. Francis of Assisi, 548 Main St, Metuchen, NJ 08840

- The Diocese of Metuchen will welcome the 'Perpetual Pilgrims' of the National Eucharistic Pilgrimage at the Cathedral of St. Francis of Assisi in Metuchen.
- **7:00 PM - 9:00 PM:** Praise and Worship at the Cathedral of St. Francis of Assisi, Metuchen. *Join us for Praise and Worship!*
- **7:15 PM:** 'A Pilgrim Church on Earth: The Christian's Lifetime Procession with the Eucharistic Lord" by Fr. Roger Landry
- **9:00 PM - 8:00 AM:** All-Night Eucharistic Adoration of the Blessed Sacrament at the Cathedral of St. Francis of Assisi, Metuchen. *Find peace in an evening of Adoration at the Cathedral.*

Date: Tuesday, May 28, 2024

Location: The Cathedral of St. Francis of Assisi, 548 Main St, Metuchen, NJ 08840

- **8:00 AM - 8:30 AM:** Breakfast at the Cathedral of St. Francis of Assisi, Metuchen. *Enjoy a meal before we start the day's Eucharistic Procession! **Please register for the Breakfast!***
- **8:30 AM - 11:00 AM:** Eucharistic Procession from the Cathedral of St. Francis of Assisi, Metuchen, to St. Peter the Apostle University and Community Parish, New Brunswick.

Date: Tuesday, May 28, 2024

Location: St. Peter the Apostle University and Community Parish, 94 Somerset St, New Brunswick, NJ 08901

- **11:00 AM - 11:30 AM:** Mass at St. Peter the Apostle University and Community Parish, New Brunswick. *Join us for Mass to conclude the day's Eucharistic Procession.*
- **11:30 AM - 12:30 PM:** Lunch at St. Peter the Apostle University and Community Parish, New Brunswick. *Enjoy a meal at the end of this section of the Eucharistic Procession! **Please register for the Lunch!***
- **12:30 PM - 4:00 PM:** Procession to St. Augustine of Canterbury Church, Kendall Park, from St. Peter the Apostle University and Community Parish, New Brunswick. *Join us for the final leg of the day's Eucharistic Procession! Be sure to bring water, food, and good walking shoes.*

Date: Tuesday, May 28, 2024

Location: St. Augustine of Canterbury Roman Catholic Church, 45 Henderson Rd, Kendall Park, NJ 08824

- **4:00 PM - 4:30 PM:** Dinner at St. Augustine of Canterbury Church, Kendall Park. *Join us for dinner! **Please register to participate in the dinner!***
- **4:30 PM - 5:00 PM:** Tour of the Church/Chapel of the Saints at St. Augustine of Canterbury, Kendall Park. *Join us for a tour of the Church/Chapel of the Saints at St. Augustine of Canterbury Church.*
- **5:00 PM - 5:45 PM:** 'The Eucharistic Journey to Holiness' by Fr. Roger Landry. *Join us at 5:00 PM for a presentation on Eucharistic Miracles/Stories of the Saints.*
- **5:45 PM - 6:15 PM:** Blessing for the Pilgrims as they Depart for the Diocese of Trenton at St. Augustine of Canterbury Church, Kendall Park. *Join us for a blessing for the Pilgrims as they Depart for the Diocese of Trenton.*

For registration and additional information, please visit the National Eucharistic Pilgrimage in the Diocese of Metuchen webpage at <https://diometuchen.org/nep2024>.

The Diocese of Metuchen's participation in the National Eucharistic Pilgrimage is being organized by the Secretariat for Evangelization and Communication. Questions? Contact Adam Carlisle, Secretary for Evangelization and Communication, at acarlisle@diometuchen.org.

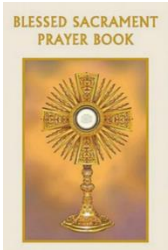
RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

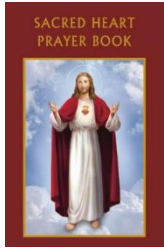
The following items are available at the Parish Center:

7 Secrets of the Eucharist Book and Study Guide

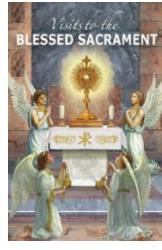
The 4-week parish workshop based on Vinny Flynn's book *7 Secrets of the Eucharist* recently concluded, and we have a limited supply of extra books and study guides available for sale at the parish center for \$10 each.



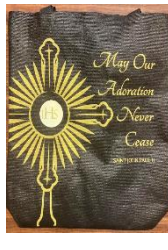
BLESSED SACRAMENT PRAYER BOOK - \$8.00



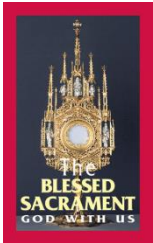
SACRED HEART PRAYER BOOK - \$8.00



VISITS TO THE BLESSED SACRAMENT - \$8.00



TOTE BAG - \$2.00



THE BLESSED SACRAMENT - GOD IS WITH US - \$5.00



DEVOTION TO THE SACRED HEART - \$5.00



PRAYERS OF REPARATION TO OUR EUCHARISTIC LORD - \$2.00



MONSTRANCE LAPEL PIN - \$2.00

Learn more about the Sacred Liturgy and the Holy Eucharist on **FORMED**

This week, we recommend the following Series:

The Elements of the Catholic Mass

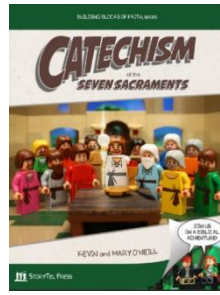


Elements of the Catholic Mass is designed to help the faithful better appreciate the beauty of the Mass. Featuring Fr. Douglas Martis, former director of the Liturgical Institute, the

program consists of thirty-one beautifully produced short videos. Because each episode comes with a discussion guide with references, Elements of the Catholic Mass is ideal for personal faith formation or group discussion.

RESOURCES FOR CHILDREN - *Pick of the Week*

Catechism of the Seven Sacraments



Catechism of the Seven Sacraments uses the classic brick toys as a storytelling and educational tool. Join hosts Fulton and Cynthia on a biblical adventure as they journey from creation to salvation and discover the importance of God's sanctifying grace. Set in a vivid comic-book format with stunning photographs, this book makes profound theological concepts

accessible to both the Catholic and the curious, the child and the adult.

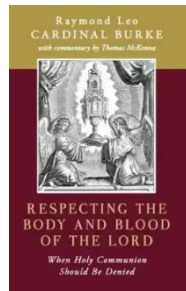
This item may be purchased on AMAZON or on the Catholic Company website (<https://www.catholiccompany.com/catechism-the-seven-sacraments-i125623/>)

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

Respecting the Body and Blood of the Lord

By Cardinal Raymond Leo Burke



The most up-to-date "catechism" in print! For His Eminence Raymond Leo Cardinal Burke unpacks in a clear, concise way the history and significance of the Catholic Church's long-held teaching regarding who is worthy to receive Holy Communion — and who is not. Referencing writings of Church Fathers, Pope St. John Paul II, numerous saints, the Catechism of the Catholic Church, and Scripture itself, Cardinal Burke cogently expresses the continuity of what Pope Benedict XVI referred to as a "perennial Church teaching."

Each chapter clearly spells out the key aspects, applications, and personal points to ponder (reality check!) on how to receive Holy Communion worthily and on the reverence Catholics are called to show toward the Blessed Sacrament. This timely volume also addresses how many Catholics in North America view the imposition of limits on the reception of Holy Communion due to prevailing notions regarding scandal and the rejection of moral norms.

You will encounter many pastoral examples of how the Church defended the sanctity of the Eucharist and the rules for its reception from the earliest centuries — including a powerful story involving St. Francis of Assisi. And you will be inspired by how the Church's teaching on the proper reception of Holy Communion is an act of pastoral charity designed for the good of the faithful, for our union with one another, and for the salvation of souls.

This book is published by *Sophia Institute Press* and may be purchased at most religious book stores and on AMAZON.COM.

EUCCHARISTIC SAINTS

ST. ALPHONSUS MARIA DE' LIGUORI THE LAWYER WHO BECAME A DOCTOR OF THE CHURCH



St. Alphonsus was a former lawyer who was later ordained and became not only a bishop, but also a Doctor of the Church. He was a prolific writer, composer, musician, poet, scholastic philosopher, and theologian. He was the founder of the Redemptorist Order, a congregation of missionary priests and brothers who preach the Word and serve the poor and most abandoned.

Alphonsus Maria de' Liguori was born near Naples in 1696. His parents were Giuseppe, a retired naval captain, and Anna, who had a great zeal for the faith. His father wanted his eldest son to receive a good education, so Alphonsus as a child was educated by instructors. At thirteen, he started his law studies and by sixteen, he obtained his doctorate in civil and canon law, four years early. He was an extremely successful lawyer. While visiting a hospital for the sick and incurable, he twice heard an inner voice that said, "Leave the world and give yourself to me." He went to the church of Our Lady of Mercy, put down his sword on the altar, and asked to become part of the Oratory priests. Giuseppe tried to dissuade his son, but eventually left him to become a priest, provided, however, that it remained in the house and would not enter into the congregation of the Oratory priests. Alphonsus accepted, listening to the advice

of Oratorian Pagano, his spiritual director.

He began to study theology in the house and in 1726 and was ordained a priest. For two years he devoted himself to apostolic activity in the kingdom of Naples and earned a reputation for being an outspoken preacher and an effective confessor. At this time, the spirituality of the heretical Jansenists left so many of the faithful feeling unworthy of being able to receive Holy Communion. It was to counter this attitude that Alphonsus wrote his moral theology textbooks and urged people to receive Holy Communion frequently and to develop a deep devotion to the Real Presence of Jesus in the Blessed Sacrament. He wrote his 31 visits to the Blessed Sacrament, one for each day of the month. He never separated devotion to the Blessed Sacrament from the gift of Holy Communion, which enlightened him to write his Spiritual Communion:

*"My Jesus, I believe you are really here in the Blessed Sacrament.
I love you more than anything in the world, and I hunger to feed on your body.
But since I cannot receive Communion at this moment, feed my soul at least spiritually.
I unite myself to you now as I do when I actually receive you.
Never let me be parted from you."*

Alphonsus marveled at the graciousness of a God who loved us so much that not only did He enter into our experience by becoming one of us and sharing in the pain and suffering of our experience, but He also gave Himself to be our spiritual food and drink as well as sharing His mother with us. In the case of the Eucharist, Alphonsus could never quite get over the fact that God had literally put Himself into our hands. The fact that at the Last Supper He fulfilled His promise not to leave us by taking the bread and wine and transforming them into Himself left Alphonsus overwhelmed with gratitude and desperate that we should develop a deep reverence and love of this gift too.

With the experience of a former lawyer and a strict and sensitive preacher, he became a prominent moral theologian. Alphonsus was stern, yet full of tenderness and mercy; being himself plagued by frequent scruples, was especially kind to those who were prey. He was sixty-six years when Pope Clement XIII appointed him bishop of Sant'Agata de' Goti, between Benevento and Capua. In this place, a plague and famine broke out. Given that thousands of people were starving, he sold everything to buy food for the hungry, accruing many debts to procure aid. At one point the people in turmoil wanted to kill the mayor of Sant'Agata de' Goti, with whom they wrongly accused of concealing food. Alphonsus, challenging their fury, offered his life in place of that of the mayor, and then calmed them by distributing food rations for two days. Bishop Alphonsus became very concerned of public morality. This earned him many enemies, so much so that his life was often threatened by high-ranking people or those against whom he had brought court proceedings.

Alphonsus resigned as bishop in 1775 and later returned to his native village as his health began to deteriorate. On August 1, 1787, Alphonsus died at the age of 90 years old. He was beatified September 15, 1816 and canonized May 26, 1839. In 1871 Pius IX declared St. Alphonsus Liguori a doctor of the Church and in 1950, Pius XII declared him the patron of moralists and confessors.

Fr. Tim Buckley. "The Eucharist and Saint Alphonsus." The Redemptorists of the London Province. 5 May 2024. <https://www.redemptorists.co.uk/news/news-items/180-the-eucharist-and-saint-alphonsus.html#:~:text=But%20in%20the%20case%20of,and%20drink%20as%20well%20as.>

"Who was St. Alphonsus Liguori?" St. Alphonsus Liguori Catholic Church. 5 May 2024. <https://zionsvillecatholic.com/saint-alphonsus-liguori->

"Who was Saint Alphonsus Liguori." St. Alphonsus Liguori Church: Prospect Heights, IL. 5 May 2024. <https://saintalphonsusph.org/who-was-saint-alphonsus-liguori>.