

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival. In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



NATIONAL
**Eucharistic
Congress**

Tickets/Travel Packages Coming Soon!

Registration is now open for the National Eucharistic Congress! At the National Eucharistic Congress (<https://www.eucharisticcongress.org/>), the Church will draw into a deeper intimacy with our Eucharistic Lord, allowing our eyes to be opened and our hearts to be set on fire with his love. This historic five-day gathering (July 17-21, 2024) will be an experience of prayer: a liturgical act offering the Catholic Church – those in attendance in Indianapolis as well as across the country – to the Father, through the Son, and in the Holy Spirit. This reconsecration will result in a massive outpouring of grace and renewed missionary sending as participants are moved to share the Eucharistic love of the Lord “for the life of the world” (John 6:51). This is a pivotal moment in both American history and the legacy of the Catholic Church. (It is the first National Eucharistic Congress in 83 years!) Tens of thousands of pilgrims are expected to attend – but space is limited. To ensure that the Diocese of Metuchen is well-represented, we are pleased to announce that the diocese has purchased 100 tickets to next summer’s Congress. These packages include transportation to and from Indianapolis, as well as hotel accommodations. More information on how to purchase tickets to next summer’s Congress will be forthcoming. In the meantime, anyone interested in learning more about the Congress, or about how to purchase tickets/travel packages, should contact Adam Carlisle, Secretary for Evangelization and Communication, at acarlisle@diometuchen.org.

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners,



NATIONAL
**Eucharistic
Pilgrimage**

The National Eucharistic Pilgrimage has publicly launched! The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese’s involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam at acarlisle@diometuchen.org

“Christ held Himself in His hands when He gave His Body to His disciples saying: ‘This is My Body.’ No one partakes of this Flesh before he has adored it.”
- St. Augustine

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

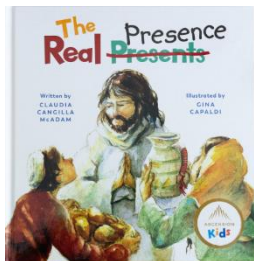
ADORATION OF THE BLESSED SACRAMENT

Perpetual Adoration of the Blessed Sacrament in our Chapel offers individuals the opportunity to spend quiet prayerful time with Jesus 24 hours a day, 7 days a week (except during inclement weather). We are the only parish in the Diocese of Metuchen offering 24/7 Eucharistic Adoration. We encourage



everyone to take advantage of this blessing and spend time with the Lord. Eucharistic Guardians commit themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament, making Perpetual Adoration possible by assuring Jesus is never left alone. **Can you commit to spending one hour a week in the presence of Our Lord?** If so, please call Gerry Aboyme at 732-266-4145.

RESOURCES FOR CHILDREN - *Pick of the Week*



The Real Presence by Claudia Cangilla McAdam

Show children how God is present in the Eucharist!

Zedekiah and Abigail, two young cousins living in Capernaum at the time of Jesus, argue about

everything. They want Jesus to judge which of their families' crops is better—grain or grapes? But when they find themselves in the Upper Room at the Last Supper with gifts of their harvests for Jesus, they discover something more important than their presents.

This book is published by *Ascension Press* and may be purchased at most religious book stores and on AMAZON.COM.

"When you have received Him, stir up your heart to do Him homage; speak to Him about your spiritual life, gazing upon Him in your soul where He is present for your happiness; welcome Him as warmly as possible, and behave outwardly in such a way that your actions may give proof to all of His Presence."

- *St. Francis de Sales*

RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

The following items are available at the Parish Center:

- Blessed Sacrament Prayer Book - \$8.00
- Sacred Heart Prayer Book - \$8.00
- Visits to the Blessed Sacrament (Booklet) - \$8.00
- The Blessed Sacrament – God with us (Booklet) - \$5.00
- Devotion to the Sacred Heart (Booklet) - \$5.00
- Prayers of Reparation to Our Eucharistic Lord - \$2.00
- Monstrance Lapel Pin - \$2.00

St. Thomas Aquinas Prayer Before Communion

Almighty and Eternal God, behold I come to the sacrament of Your only-begotten Son, our Lord Jesus Christ. As one sick I come to the Physician of life; unclean, to the Fountain of mercy; blind, to the Light of eternal splendor; poor and needy to the Lord of heaven and earth. Therefore, I beg of You, through Your infinite mercy and generosity, heal my weakness, wash my uncleanness, give light to my blindness, enrich my poverty, and clothe my nakedness. May I thus receive the Bread of Angels, the King of Kings, the Lord of Lords, with such reverence and humility, contrition and devotion, purity and faith, purpose and intention, as shall aid my soul's salvation.

Grant, I beg of You, that I may receive not only the Sacrament of the Body and Blood of our Lord, but also its full grace and power. Give me the grace, most merciful God, to receive the Body of your only Son, our Lord Jesus Christ, born of the Virgin Mary, in such a manner that I may deserve to be intimately united with His mystical Body and to be numbered among His members. Most loving Father, grant that I may behold for all eternity face to face Your beloved Son, whom now, on my pilgrimage, I am about to receive under the sacramental veil, who lives and reigns with You, in the unity of the Holy Spirit, God, world without end. Amen.

Learn more about the Sacred Liturgy and the Holy Eucharist on

FORMED

This week, we recommend the following Series:

ALIVE: The Real Presence of Jesus in the Eucharist (English Subtitles)

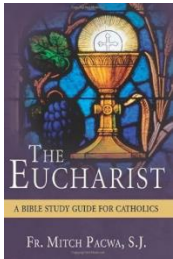


The surprise box office hit in movie theaters, this powerful film from Spain presents the compelling testimonies of five men and women with unique stories of how their lives were completely transformed by experiencing the True Presence of Jesus Christ in the Eucharist.

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

The Eucharist: A Bible Study Guide For Catholics by Fr. Mitch Pacwa, S.J.



"They devoted themselves to the teachings of the apostles and to the communal life, to the breaking of the bread and to the prayers" -- Acts 2:42

It is called the "source and summit" of our Catholic faith - The Holy Eucharist. But do we really understand its true meaning? In Fr. Mitch Pacwa's *The Eucharist: A Bible Study Guide for Catholics* you will see the essential connection between the

Eucharist and the Scriptures, and through reflection and discussion you'll learn to apply the principles in your own life. In this study you will find answers to these questions and more:

- Where do we see symbols of the Eucharist in the Old Testament?
- How do the Old Testament sacrifices prefigure Christ's sacrifice?
- What did Jesus mean when he said "Do this in remembrance of me"?
- Why is Jesus called the Lamb of God?
- How do we meet Jesus in the breaking of the bread?

This book is published by *Our Sunday Visitor* and may be purchased at most religious book stores and on AMAZON.COM.

"Take; this is my body"

—Mark 14:22

The presence of Christ in the Eucharist is real, true, and substantial.

"Jesus awaits us in this sacrament of love." (St. John Paul II, *Dominicae cenae*, no. 3)



"It is called: Eucharist, because it is an action of thanksgiving to God." (CCC, no. 1328)

Eucharist "makes present the one sacrifice of Christ the Savior." (CCC, no. 1330)



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"You come to me and unite Yourself intimately to me under the form of nourishment. Your Blood now runs in mine, Your Soul, Incarnate God, compenetrates mine, giving courage and support. What miracles! Who would have ever imagined such!"

- St. Maximilian Kolbe

Definition of the "Celebration of the Eucharist" by the Catholic Encyclopedia

The Holy Sacrifice of the Mass has in recent times been frequently known as the celebration of the Eucharist. The Mass is indeed the celebration of the Eucharist in the various forms or liturgies prescribed by the Church. We make the distinction in regard to the Eucharist, namely between sacramental sacrifice and the permanent sacrament. Briefly these are:

(1) The Eucharist as a *sacramental sacrifice* is the Mass, wherein the body and blood of Christ, the same offering that took place on the cross at the crucifixion of Christ, becomes the sacrifice of the Church because Christ unites the Church's offering to His own. Through this offering and sacrifice, the efficacious sign of the consecration of the bread and wine, the sacrifice of the cross becomes present in the sacramental manner.

(2) The consecrated bread and wine are the *permanent sacrament*, the Real Presence of Christ among us, and the efficacious sign of Christ's presence, the food that satisfies our spiritual needs in a superabundant manner. It also is an efficacious sign of sanctifying grace and of the union of Christians

In the sacramental sacrifice there is an established order of the Mass consisting of Introductory Rite, Liturgy of the Word, Liturgy of the Eucharist, Communion Rite, and Concluding Rite. This has been introduced in a permanent form through the Sacramentary.

This New Order of the Mass permits the greater association of the priest-celebrant with the faithful, and according to practices prescribed or arising by custom, opportunity for an ongoing instruction by the celebrant. Although the Mass, considered as the Eucharistic sacramental sacrifice, is a mystery presided over by the priest, the people shared in its every moment, and in the evolving tradition of the Church the Mass has been restored to the people. Vatican II teaches: "For all their (the laity's) works, prayers, apostolic endeavors, their ordinary married and family life, their daily labor, their mental and physical relaxation, if carried out in the Spirit, and even the hardships of life, if patiently borne – all of these become spiritual sacrifices acceptable through Jesus Christ (cf. 1 Pt. 2:5). During the celebration of the Eucharist, these sacrifices are most lovingly offered to the Father along with the Lord's body." And: "Taking part in the Eucharistic sacrifice, which is the fount and apex of the whole Christian life, they (the faithful) offer the divine Victim to God and offer themselves along with it.

Broderick, Robert C. (ed). *The Catholic Encyclopedia Revised and Updated Edition*. Thomas Nelson Publishers, 1987.

EUCCHARISTIC SAINTS

VENERABLE ANNE OF GUIGNÉ

THE GIRL WHOSE LOVE FOR HER MOTHER LED HER TO GOD



In 1915, one year after the beginning of the war, while the fighting dragged on in the trenches, all the families in France knew that a visit from a government official meant that someone had been killed in battle. When, therefore, on July 25th 1915, Madame de Guigné opened the door to the Mayor of Annecy-le-Vieux, she knew at once that her husband, who had already been wounded three times, would never return home.

“Anne, if you want to comfort me, you must be good” her mother said to her four year-old daughter, the eldest of her four children. From that moment on, this child who had been, up till then, rather disobedient, arrogant and jealous led a continuous and bitter fight to become good. Her interior transformation was obtained thanks to her will-power certainly, but above all, as she herself said, by prayer and the sacrifices she imposed on

herself. One would see her becoming red in the face and clenching her little fists in order to control her temper when difficulties arose. Little by little, these crises became less frequent and her family began to have the impression that she was content with everything. Her love for her mother, whom she wished to comfort, was thus to become her path towards God.

This path was marked by many of Anne’s reflexions which show the intensity of her spiritual life and by the great number of testimonies from her friends and family which tell of the continual efforts she made to progress in her conversion. For Anne, the guiding light on the path of her conversion was her first communion which she desired with all her heart and soul and prepared with joy. When the time came, as she was too young, the bishop made her undergo a test which she passed with the greatest of ease. “I wish we could all have the same level of religious instruction as this child” said the examiner.

The rest of her short life was filled with the peace that comes from great happiness caused by her love of God, which as she grew older, spread to an ever-widening circle of people: her friends, her family, her acquaintances, the sick people the poor and the non-believers. She lived, prayed and suffered for others. At an early age, she suffered from rheumatism and so knew what suffering meant. She would immediately offer it, saying: “Jesus, I offer it to you” or “Oh no, I am not suffering, I am learning how to suffer”.

In December 1921 she contracted a cerebral disease, probably meningitis, which forced her to take to her bed. She repeated continuously: “Oh God, thy will be done!” When prayers were being said for her recovery, she would add “... and may all the other sick people recover!” Anne de Guigné died at dawn on January 14th 1922 after this last conversation with the nun who was with her: “Sister, may I join the angels? – Yes, my dear little girl. – Thank you, Sister, thank you!”

“This little girl is a saint” was the general verdict. Testimonies started pouring in, articles appeared in the press and in 1932, the Bishop of Annecy started the beatification procedure. Up until this time, the Church had never had to judge the sanctity of a child who had not been a martyr. The studies carried out in Rome on the possibility of sanctity in children were concluded in a positive manner in 1981 and on March 3rd 1990 the decree, stating that Anne de Guigné was “venerable”, was proclaimed.

“An exceptional soul for such a young child.” Official Website of the Anne Guigné’s Friends Association. <https://www.annedequigne.fr/en/biography/a-great-soul.html>

EUCCHARISTIC MIRACLES

The Eucharistic Miracle of Offida, Italy

In 1294, a young housemaid went to the public wash-house of Versiola to wash the altar linens of the Church of St. Giusto in Gruaro. Suddenly, the woman noticed that a consecrated Host had remained by mistake among the folds of the cloth and that Blood was flowing from the Host. Frightened by this inexplicable event, she immediately ran to alert the pastor who then informed the Bishop of Concordia, Giacomo di Ottonello from Cividade. The Bishop, having learned the facts, asked to be able to keep the cloth of the miracle in his Cathedral in Concordia. However, the pastor of Gruaro and the family of the Counts of Valvasone, patrons of the churches of Gruaro and of Valvasone, wanted to keep the cloth. No agreement was reached, and so it was decided to seek recourse with the Holy See. In the end, Rome let the Counts keep the relic, on the condition that they would build a church dedicated to the Most Holy Body of Christ. The construction of the church was completed. The oldest and most authoritative document describing the miracle is a decree of Pope Nicholas V written in 1454. The title of the parish church, formerly St. Mary and St. John the Evangelist was thereby changed to the Church of the Most Holy Body of Christ (March 28, 1454). Today, the cloth is kept in a crystal cylinder, held by a precious reliquary of silver made by master craftsman Antonio Calligari. The celebration of the Holy Cloth is commemorated on the 5th Thursday of Lent, at the end of days of adoration of the Blessed Sacrament, with the participation of the priests and of the community of Valvasone. During the celebration of Corpus Christi, the reliquary is carried in procession with the Most Blessed Sacrament.

“Eucharistic Miracle of Offida, Italy, 1273-1280” Real Presence Eucharistic Education and Adoration Association, 2006. http://www.therealpresence.org/eucharst/mir/english_pdf/Offida.pdf