

# NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival.

In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.



NATIONAL  
**Eucharistic  
Congress**

Tickets/Travel Packages Coming Soon!

Registration is now open for the National Eucharistic Congress! At the National Eucharistic Congress (<https://www.eucharisticcongress.org/>), the Church will draw into a deeper intimacy with our Eucharistic Lord, allowing our eyes to be opened and our hearts to be set on fire with his love. This historic five-day gathering (July 17-21, 2024) will be an experience of prayer: a liturgical act offering the Catholic Church – those in attendance in Indianapolis as well as across the country – to the Father, through the Son, and in the Holy Spirit. This reconsecration will result in a massive outpouring of grace and renewed missionary sending as participants are moved to share the Eucharistic love of the Lord “for the life of the world” (John 6:51). This is a pivotal moment in both American history and the legacy of the Catholic Church. (It is the first National Eucharistic Congress in 83 years!) Tens of thousands of pilgrims are expected to attend – but space is limited. To ensure that the Diocese of Metuchen is well-represented, we are pleased to announce that the diocese has purchased 100 tickets to next summer’s Congress. These packages include transportation to and from Indianapolis, as well as hotel accommodations. More information on how to purchase tickets to next summer’s Congress will be forthcoming. In the meantime, anyone interested in learning more about the Congress, or about how to purchase tickets/travel packages, should contact Adam Carlisle, Secretary for Evangelization and Communication, at [acarlisle@diometuchen.org](mailto:acarlisle@diometuchen.org).

## OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

**O SACRED BANQUET**, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

**MY GOD**, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

**O MOST HOLY TRINITY**, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners,



NATIONAL  
**Eucharistic  
Pilgrimage**

The National Eucharistic Pilgrimage has publicly launched! The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese’s involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam at [acarlisle@diometuchen.org](mailto:acarlisle@diometuchen.org)

**"God dwells in our midst, in the Blessed Sacrament of the altar." - St. Maximilian Kolbe**

## **THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH**

is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: [www.usccb.org](http://www.usccb.org).

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## **ADORATION OF THE BLESSED SACRAMENT**

Perpetual Adoration of the Blessed Sacrament in our Chapel offers individuals the opportunity to spend quiet prayerful time with Jesus 24 hours a day, 7 days a week (except during inclement weather). We are the only parish in the Diocese of Metuchen offering 24/7 Eucharistic Adoration. We encourage everyone to take advantage of this blessing



and spend time with the Lord. Eucharistic Guardians commit themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament, making Perpetual Adoration possible by assuring Jesus is never left alone. **Can you commit to spending one hour a week in the presence of Our Lord?** If so, please call Gerry Aboyme at 732-266-4145.

## **RESOURCES**

### **TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST**

The following items are available at the Parish Center:

- Blessed Sacrament Prayer Book - \$8.00
- Sacred Heart Prayer Book - \$8.00
- Visits to the Blessed Sacrament (Booklet) - \$8.00
- The Blessed Sacrament – God with us (Booklet) - \$5.00
- Devotion to the Sacred Heart (Booklet) - \$5.00
- Prayers of Reparation to Our Eucharistic Lord - \$2.00
- Monstrance Lapel Pin - \$2.00

**"We have close to us as much as Joseph had at Nazareth; we have our Lord in the Blessed Sacrament, but our poor eyes fail to see Him. Let us once become interior souls and we shall immediately see. In no better way can we enter into the Heart of our Lord than through Saint Joseph. Jesus and Mary are eager to pay the debts which they owe him for his devoted care of them, and their greatest pleasure is to fulfill his least desire. Let him, then, lead you by hand into the interior sanctuary of Jesus Eucharistic." – St. Peter Julian Eymard**

## **Prayer of St. Catherine of Siena**

**O boundless charity!**

**Just as you gave us yourself,  
wholly God and wholly man,  
so you left us all of yourself as food  
so that while we are pilgrims in this life  
we might not collapse in our weariness  
but be strengthened by you, heavenly food.**

**O mercenary people!**

**And what has your God left you?  
He has left you himself,  
wholly God and wholly man,  
hidden under the whiteness of this bread.**

**O fire of love!**

**Was it not enough to gift us  
with creation in your image and likeness,  
and to create us anew to grace in your Son's blood,  
without giving us yourself as food,  
the whole of divine being,  
the whole of God?**

**What drove you?**

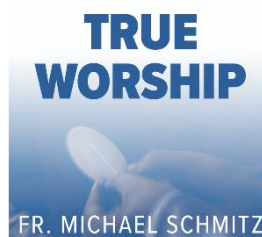
**Nothing but your charity,  
mad with love as you are!**

**Learn more about the Sacred Liturgy and the Holy Eucharist on**

# **FORMED**

***This week, we recommend the following Series:***

**True Worship by Fr. Mike Schmitz**



Father Michael Schmitz, the director of Youth and Young Adult Ministry for the Diocese of Duluth as well as the Chaplain for the Newman Center at the University of Minnesota-Duluth, inspires and educates in this Lighthouse Talk about the highest

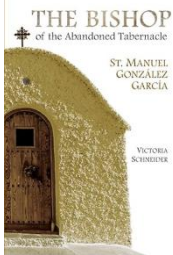
form of worship—the Mass. His Newman Center focuses on being fed through the Sacraments as well as study and knowledge of the Church and has thrived under his humble and Spirit-filled guidance. Through this vibrant presentation, Fr. Mike makes sure that you will have a deeper and more profound experience of the Mass.

## BOOKS ON THE HOLY EUCHARIST

### *Pick of the Week*

#### The Bishop of the Abandoned Tabernacle: Saint Manuel Gonzalez Garcia

by Victoria Schneider

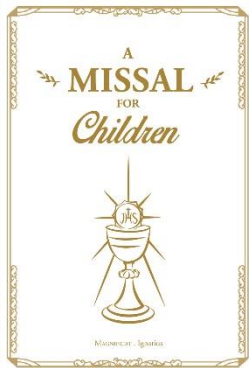


St. Manuel felt called to the priesthood at the age of 12. After his ordination in 1901, he was sent to preach at a church which he found to be unclean and abandoned. There, praying before a Tabernacle covered in dust and cobwebs, with torn altar cloths and oil dripping onto the floor from the sanctuary lamp, he decided to dedicate his life to providing for Jesus' needs in the Tabernacle. This poor, abandoned Tabernacle taught the young priest more about the Love of Jesus than his years of theological study. It marked his entire life from that moment. He dedicated himself until his death to spreading devotion to the Eucharist, proclaiming these words which he would go on to choose for his epitaph: "Jesus is here! He is here! Do not abandon Him!" This saintly bishop will help you to receive Holy Communion more fervently and to love Jesus more deeply in Eucharistic Adoration. This book will awaken you to a new experience of Our Lord -- that you may see, hear, love, and console "Love who is not loved."

This book is published by *Scepter Publishers* and may be purchased at most religious book stores and on [AMAZON.COM](http://AMAZON.COM).

## RESOURCES FOR CHILDREN - *Pick of the Week*

### A Missal for Children



*A Missal for Children* will help children to better understand what the holy Mass is, and will guide them through the liturgy to meditate on the mystery of the Eucharist. Each of the prayers of the Mass is numbered. The same number precedes the explanation of the prayer on the facing page. This way, children can read the text of the Mass on the right-hand page and find its explanation on the left. All the lovely illustrations will help them to

understand the actions of the priest and the deeper meaning of the Mass. *A Missal for Children* is the perfect companion to help your children to participate in the prayers at Mass, prepare for receiving Communion, say a prayer of thanksgiving after Communion, pray every morning and evening on their own or as a family, and prepare themselves to confess their sins in the Sacrament of Reconciliation. For ages 7 and up.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](http://AMAZON.COM).

## The Purpose of a Monstrance

The monstrance is one of the most essential elements of Eucharistic Adoration, besides the Eucharist host, of course. Eucharistic Adoration is the opportunity for faithful Catholics to pray to Jesus in His very presence through the Holy Eucharist, which is on display. By approaching the Holy Eucharist, you can meditate on the blessing of being in Jesus' presence. You can also pray the Rosary, write in a prayer journal, read Scripture, read a religious book, listen to music or whatever else helps you draw nearer to Christ.

The monstrance plays an important part in Eucharistic Adoration because it houses the consecrated Eucharist host where Jesus' presence dwells. This gives Catholics the opportunity to enter the presence of Jesus and adore the Eucharist fully and without distraction.

Eucharistic Adoration is possible for today's Catholics because of the monstrance. The priest needs the monstrance in which to house the Eucharist during Adoration. Catholics need the monstrance because it gives them something to look to that honors and displays the Eucharist, allowing them to fix their eyes, minds and hearts on the presence of Christ.

## The Elements of a Monstrance

The monstrance is one part of the whole experience of Eucharistic Adoration. Here are the elements you should know about:

**Consecrated host:** This is the physical element that has been divinely transformed into the blood or body of Christ, a doctrine Catholics know as transubstantiation. In the case of Eucharistic Adoration, the consecrated host that houses the presence of Christ is the Holy Eucharist. While it may look like regular bread, Catholics have faith that through transubstantiation, the host truly is transformed into the body of Christ.

**Tabernacle:** This is a locked container that contains the Eucharist within a parish. The priest must retrieve the Eucharist from the tabernacle during Eucharistic Adoration as well as Communion.

**Luna:** The monstrance luna, also known as the lunette, is the glass compartment that houses the Eucharist. It's often in a place of prominence within the monstrance, displaying Christ's glorious presence within the Eucharist.

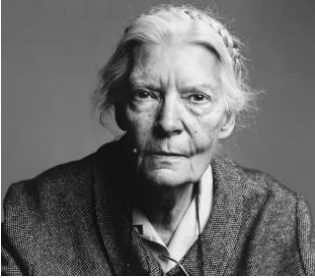
**Forms of the monstrance:** Monstrances can take many forms. While older Monstrances often take the shape of a tower, most Monstrances today use the popular and recognizable shape of a sunburst atop a stem with a wider base.



# EUCCHARISTIC SAINTS

## SERVANT OF GOD DOROTHY DAY

### THE CATHOLIC SOCIAL WORKER



Dorothy was inspired by journalists like Jack London and Upton Sinclair who detailed the horrors and injustices of America's industrial age. She loved the Russian anarchist Kropotkin and was inspired by the stories of saints. "Whatever I had read as a child about the saints had thrilled me. I could see the nobility of giving one's life for the sick, the maimed, the leper," she said. She recognized that American religion lacked the saints' heroic witness. Preachers did not make a connection between Sunday services and the pain of working men and women. "Where were the saints to try to change the social order, not just to minister to the slaves but to do away with slavery?" Dorothy wondered. In 1916, she got a reporting job at the socialist newspaper *The Call*. After many tragic relationships and becoming a single mother, Dorothy began to pray daily, which eventually led to her and her daughter being baptized.

On October 24—Black Friday—the stock market crashed. The Great Depression brought mass evictions, crop destruction, and hunger. Dorothy was forbidden by her confessors from taking part in Communist-organized actions, protesting government inaction and demanding relief for workers. So she wrote about these efforts for Catholic magazines. In December 1932, Dorothy covered the Hunger Marches and Farmer's Strike in Washington D.C. for *Commonweal* and *America Magazine*. This march would change her life. "Where was the Catholic leadership?" she wondered as she wrote about the desperate, hungry marchers and their brutal treatment by riot police and soldiers. The next day, she prayed after Mass in the recently dedicated National Shrine of the Immaculate Conception in Washington, D.C. "I offered up a special prayer, a prayer which came with tears and with anguish, that some way would open up for me to use what talents I possessed for my fellow workers, for the poor," she said.

When Dorothy returned to New York City, a man named Peter Maurin was waiting for her. Peter Maurin began educating her in Catholic Social Teaching and personalism: a Catholic alternative to communism. Peter believed that U.S. Catholics, instead of becoming assimilated into the dominant WASP culture, could set about creating a new society based in cult (worship of God), culture, and cultivation—just like the Irish monks who evangelized Europe after the fall of the Roman Empire. Together, Peter and Dorothy started *The Catholic Worker* newspaper: "an attempt to popularize and make known the encyclicals of the Popes in regard to social justice and the program put forth by the Church for the 'reconstruction of the social order,'" as they wrote in their first editorial in May of 1933. They would not send away homeless or hungry visitors from their newspaper offices without first giving them a cup of coffee or bowl of soup. Hungry workers began to flock to *The Catholic Worker* for bread—and hope. Soon, they opened up a cooperative apartment for women who were out of work and homeless.

"*The Catholic Worker* grew from an intense desire to realize the Mystical Body of Christ in a way which was new and attentive to the hard-working marginalized," wrote Professor Katharine Harmon of Holy Cross College. Dorothy and Peter were in close contact with Rev. Virgil Michel, O.S.B., one of the Benedictines who was an architect of the Liturgical Movement in the United States. The Liturgical Movement drew inspiration from Scripture and the writings and practice of the early Church to help Catholics understand "the heart of the liturgy as the worship of the Body of Christ, inextricably linked with the Church's teaching on service to the poor and social justice for the suffering members of the Body of Christ," according to *Catholic Workers* Mark and Louise Zwick.

Dorothy took seriously the Mystical Body of Christ: the Church on earth and in heaven, united in the Eucharistic Lord. "We cannot live alone. We cannot go to Heaven alone. Otherwise, as Péguy said, God will say to us, 'Where are the others?'" Day wrote in 1940. Dorothy felt deeply that to be baptized into Christ was to be part of this Mystical Body of Christ. She connected the Mystical Body of Christ to Catholics' economic life and work. *The Catholic Worker* highlighted cooperative businesses, credit unions, and an economy based on human dignity. "It is with all these means that we can live as though we believed indeed that we are all members one of another," she wrote. The mystical Body of Christ was the foundation of Dorothy's objection to war: from the Spanish Civil War to World War II to the Vietnam War. She even testified at the Second Vatican Council against nuclear weapons. At the last Eucharistic Congress in the United States, in Philadelphia in 1976, Dorothy Day spoke on the Eucharist, the brotherhood of all men, and the perversion of our function as co-creators by making and waging terrible war. "Our Creator gave us life, and the Eucharist to sustain our life. But we gave the world instruments of death of inconceivable magnitude," she said.

"It is not human efforts or stratagems that bring people closer to God," Pope Francis recently wrote of Dorothy Day, "but rather the grace that flows from charity, the beauty that flows from witness, the love that becomes concrete acts." Dorothy was fond of the Russian author Dostoevsky's words "the world will be saved by beauty." And Dorothy Day's life shines with the great beauty that comes from love that chooses to be poor for others, just like Jesus, who did not deem equality with God something to be grasped, but takes on our humble humanity—and the even more humble appearances of bread and wine—to draw near to us, out of love for us.

