

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival.

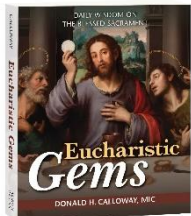
In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

Eucharistic Gems

by Donald H. Calloway, MIC



Eucharistic Gems is an aid to the Eucharistic Revival currently under way in the United States. The specific time-frame set aside by the bishops for a period of Eucharistic Revival will come and go, but the Real Presence of Jesus in the Blessed Sacrament will always remain in the tabernacles of Catholic churches around the world. What better way, then, to make sure there always remains an on-going fruit of the

Eucharistic Revival than to have a book that offers timeless quotes on the Eucharist - 366 quotes, in fact - from popes, saints, blessed, venerables, and servants of God? Eucharistic Gems is intended to be a book that can be read and re-read for years to come, and keep the Eucharistic Revival ever in our hearts.

This book is published by *Marian Press* and may be purchased at most religious book stores and on [AMAZON.COM](https://www.amazon.com).

RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

The following items are available at the Parish Center:

- Blessed Sacrament Prayer Book - \$8.00
- Sacred Heart Prayer Book - \$8.00
- Visits to the Blessed Sacrament (Booklet) - \$8.00
- The Blessed Sacrament – God with us (Booklet) - \$5.00
- Devotion to the Sacred Heart (Booklet) - \$5.00
- Prayers of Reparation to Our Eucharistic Lord - \$2.00
- Monstrance Lapel Pin - \$2.00
- "Eucharistic Adoration" Tote Bag - \$2.00



NATIONAL Eucharistic Congress

Tickets/Travel Packages Coming Soon!

Registration is now open for the National Eucharistic Congress! At the National Eucharistic Congress (<https://www.eucharisticcongress.org/>), the Church will draw into a deeper intimacy with our Eucharistic Lord, allowing our eyes to be opened and our hearts to be set on fire with his love. This historic five-day gathering (July 17-21, 2024) will be an experience of prayer: a liturgical act offering the Catholic Church – those in attendance in Indianapolis as well as across the country – to the Father, through the Son, and in the Holy Spirit. This reconsecration will result in a massive outpouring of grace and renewed missionary sending as participants are moved to share the Eucharistic love of the Lord “for the life of the world” (John 6:51). This is a pivotal moment in both American history and the legacy of the Catholic Church. (It is the first National Eucharistic Congress in 83 years!) Tens of thousands of pilgrims are expected to attend – but space is limited. To ensure that the Diocese of Metuchen is well-represented, we are pleased to announce that the diocese has purchased 100 tickets to next summer’s Congress. These packages include transportation to and from Indianapolis, as well as hotel accommodations. More information on how to purchase tickets to next summer’s Congress will be forthcoming. In the meantime, anyone interested in learning more about the Congress, or about how to purchase tickets/travel packages, should contact Adam Carlisle, Secretary for Evangelization and Communication, at acarlisle@diometuchen.org

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched! The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam at acarlisle@diometuchen.org

ADORATION OF THE BLESSED SACRAMENT

Perpetual Adoration of the Blessed Sacrament in our Chapel offers individuals the opportunity to spend quiet prayerful time with Jesus 24 hours a day, 7 days a week (except during inclement weather). We are the only parish in the Diocese of Metuchen offering 24/7 Eucharistic Adoration. We encourage everyone to take advantage of this blessing and spend time with the Lord. Eucharistic Guardians commit themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament, making Perpetual Adoration possible by assuring Jesus is never left alone. **Can you commit to spending one hour a week in the presence of Our Lord?** If so, please call Gerry Aboyme at 732-266-4145.



Prayer of St. Ambrose Preparation Before Mass

Lord, Jesus Christ, I approach your banquet table in fear and trembling, for I am a sinner, and dare not rely on my own worth but only on your goodness and mercy.

I am defiled by many sins in body and soul, and by my unguarded thoughts and words.

Gracious God of majesty and awe, I seek your protection, I look for your healing; poor troubled sinner that I am, I appeal to you, the fountain of all mercy.

I cannot bear your judgment, but I trust in your salvation.

Lord, I show my wounds to you.

I know my sins are many and great, and they fill me with fear, but I hope in your mercies, for they cannot be numbered.

Lord Jesus Christ, eternal King, God and man, crucified for mankind, look upon me with mercy and hear my prayer, for I trust in you.

Have mercy on me, full of sorrow and sin, for the depth of your compassion never ends.

Praise to you, saving sacrifice, offered on the wood of the cross for me and for all mankind.

Praise to the noble and precious blood, flowing from the wounds of my crucified Lord Jesus Christ and washing away the sins of the whole world.

Remember, Lord, your creature, whom you have redeemed with your blood.

I repent my sins, and I long to put right what I have done.

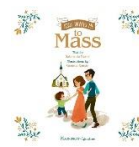
Merciful Father, take away all my offenses and sins; purify me in body and soul, and make me worthy to taste the holy of holies.

May your body and blood, which I intend to receive, although I am unworthy, be for me the remission of my sins, the washing away of my guilt, the end of my evil thoughts, and the rebirth of my better instincts.

May it incite me to do the works pleasing to you and profitable to my health in body and soul, and be a firm defense against the wiles of my enemies. Amen.

RESOURCES FOR CHILDREN - *Pick of the Week*

Jesus Invites Me to Mass By Sabine du Mesnil



This lovely book presents an endearing way to introduce children to the holy Mass. It's Sunday! Jesus invites you to celebrate the Lord's Supper. He welcomes you to his house, the church. Do you know why we do the Sign of the Cross? The readings, what are they about? And what is the host? This book will teach children the answers to these questions and much more about holy Mass.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](https://www.amazon.com).

THE EUCHARIST IN SCRIPTURE

A Parish Study for Adults



Have you ever wondered when the Holy Eucharist was instituted? When does the bread and wine become the Body, Blood, Soul and Divinity of Jesus Christ?

If you have wondered about these and other matters related to the Eucharist, this course is for you!

Beginning on Wednesday, October 4, 2023 and continuing every Wednesday, until November 15, 2023, Our Lady of Fatima Parish will present a video and workbook study led by our own parishioner, book writer and teacher, Scott Culver from 6:15 to 7:30 pm.

Based on three of Dr. Scott Hahn's foundational talks: "The Lamb's Supper," "The Fourth Cup," and "Consuming the Word," this course will examine the biblical foundations of the Eucharist and explore the Church's liturgy as the original context for the books of the Bible. It will explain God's plan of Salvation as it is expressed through the Sacred Scriptures and the Holy Mass and unlock the meaning of the words "covenant", "sacrifice", and "sacrament" as understood in the Bible, from Genesis through Revelation.

While there is no cost for the class, registrants should enclose a check for \$25 made out to Scott Culver for the cost of the participant's workbook. For more information or to register, please contact the parish office at 732-968-5555.

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

"The Eucharist is the sacrament of love: it signifies love, it produces love. The Eucharist is the consummation of the whole spiritual life." – St. Thomas Aquinas

Learn more about the Sacred Liturgy and the Holy Eucharist on

FORMED

This week, we recommend the following Series:
Source and Summit | Augustine Institute Bible Conference



The Holy Eucharist is the source and summit of the Christian life. But what does the Holy Bible have to say about it? This collection includes the following episodes:

- The Bread of Life: Jesus and John 6 by Dr. Brant Pitre
- On the Way to Emmaus with Hearts on Fire and Eyes Enlightened by Dr. Tim Gray
- Love Broken and Poured Out: Living a Eucharistic Life by Dr. Mary Healy
- Panel Discussion: Questions & Answers

Definition of Eucharistic Devotion by the Catholic Encyclopedia

The presence of Christ in the permanent sacrament of the Eucharist has provided and continues to provide one of most inspiring means of devotion. Formerly, the Sacrament was reserved primarily for the sake of the sick, but there arose an expansion of the worship of Christ in His real presence, which continues to the present.

On May 25, 1967, the Sacred Congregation of Rites gave an instruction on Eucharistic worship declaring: "When the faithful adore Christ present in the Sacrament, they should remember that his presence derives from the sacrifice and is directed toward both sacramental and spiritual Communion. In consequence, the devotion which leads the faithful to visit the Blessed Sacrament draws them into an even deeper participation in the Paschal Mystery...They offer their entire lives with Christ to the Father in the Holy Spirit and receive in this wonderful exchange an increase of faith, hope, and love. Thus they nourish those right dispositions which enable them with all due devotion to celebrate the memorial of the Lord and receive frequently the bread given us by the Father."

Thus Eucharistic devotion is "a subjective prolongation of Mass and a beginning of one's next communion."

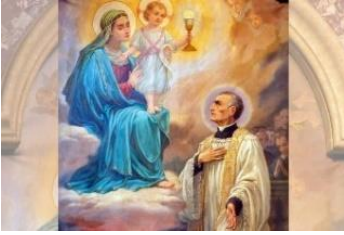
These devotions may be personal, that is, by visitation to the church or chapel where the Blessed Sacrament is reserved; or they may be personal and private, that is by advertence in prayer to Christ present among us.

Broderick, Robert C. (ed). The Catholic Encyclopedia Revised and Updated Edition. Thomas Nelson Publishers, 1987.

EUCCHARISTIC SAINTS

ST. PETER JULIAN EYMARD

THE MAN KNOWN AS “THE APOSTLE OF THE EUCHARIST”



St. Peter Julian Eymard's Eucharistic love began very young. One day when he was five years old, his parents couldn't find him and sent out his older sister Marianne to look for him. She found him in the church, where he had used a stool to climb up on the surface of the high altar and was leaning his head upon the tabernacle door. When Marianne, astonished, asked what he was doing, with childlike simplicity he replied, "I am near Jesus and I am listening to him!" Before he was able to receive his first Holy Communion, he used to do something similar with his sister. He would sit next to her at Mass and, after she had returned from the Communion rail, he would put his head on her breast and say with joyful fervor, "I can feel his presence!" When he made his first Communion at 12 years old, he embraced Jesus within and told him, "I shall be a priest, I promise you!"

Even though he struggled with asthma and fierce migraines most of his life, he was an energetic young priest who worked zealously and fruitfully in two parish assignments. He preached often about Jesus in the Eucharist as well as how the Blessed Virgin Mary teaches us how to love him. Such loves dilated his priestly heart beyond the confines of his parish and he began to sense a calling to join a religious order. When he approached his bishop to ask for permission, the bishop, testing his vocation, told him he would not consider it until he had brought back to the sacraments all of the 450 parishioners in the village of Monteynard. Two years later, he had succeeded in bringing every lost sheep back to the Eucharistic Good Shepherd, and he returned to the bishop asking permission to join the newly-founded Society of Mary. The bishop gave permission, confident that the Lord, through blessing Eymard's apostolic fruits, was giving a clear sign of his will.

Father Eymard entered the Marist novitiate, and three years later professed vows. He became a seminary spiritual director, popular mission preacher, and provincial superior at 33. After a powerful moment carrying Jesus in a Corpus Christi procession, he was fired with a desire to "preach nothing but Jesus Christ, and Jesus Christ Eucharistic." He decided to leave the Society of Mary and establish one religious institute dedicated entirely to glorifying the mystery of Christ's Eucharistic love. This group of priests, consecrated to the Blessed Sacrament, would help people who had given up the practice of the faith — especially poor, uncatechized adults and children from non-practicing families — to be prepared to receive Jesus well. He approached the Archbishop of Paris to ask for the canonical erection of a house of religious studies, which was given only 12 days later — a sign of how important the archbishop deemed the work of the Blessed Sacrament Fathers to promote perpetual adoration and carry out Eucharistic catechesis.

He also founded the Servants of the Blessed Sacrament, religious women dedicated to adoring the Lord, and then the Priests Eucharistic League and the Archconfraternity of the Blessed Sacrament, so that priests and laypeople, respectively, would be able to aggregate themselves to the work of Eucharistic adoration and promotion. St. Peter Julian emphasized the mind-blowing love of the Lord in giving himself to us. He prayed that, like the transubstantiation of bread and wine into Jesus' body and blood, he might have his life changed "into the spirit and life of Jesus." He urged people to recognize Jesus in the Eucharist, to come to receive him with love, to spend time in prayer before him, and to spread love of him. "What a joy that you can receive Holy Communion often," he taught. "It's our life and support in this life. Receive Communion often, and Jesus will change you into himself." He promoted daily Mass, which he promised would "prosper the whole day," help us better to do our work and strengthen us to bear our daily crosses.

He urged us to draw close to the Eucharist in prayer. "Go to the good Lord very simply, with the surrender of a small child. Tell the good Lord what you are thinking, what you want, what is upsetting you. O how happy we become when we discover this interior conversation with our Lord! We carry our treasure everywhere. He becomes the center of our heart and life." He hoped our "whole life ought to be drawn to [the Eucharist] like a magnet." He urged us not to keep the gift to ourselves but rather to "be the apostle of the divine Eucharist (and) proclaim him to those who don't know him," communicating that the Eucharist "is the divine oasis of the desert, the heavenly manna of the traveler, the Holy Ark, the life and Paradise of love on earth," as well as "the sacrifice par excellence, the sacrament of love, the fountainhead of holiness, the goal of Christian perfection, the nutriment of piety, and the means as well as the model of religious life." In short, he said, "The Blessed Sacrament is everything!"

Father Roger Landry. "Apostle of Eucharistic Revival for Every Age." Putting into the Deep, Anchor, August 2, 2022. <https://catholicpreaching.com/wp/an-apostle-of-eucharistic-revival-for-every-age-putting-into-the-deep-august-5-2022/>

EUCCHARISTIC MIRACLES

The Eucharistic Miracle of Alatri, Italy

In Alatri's Cathedral of Saint Paul the Apostle, there is kept even today the reliquary of the Eucharistic miracle that occurred in 1228 and consisted in a fragment of the Host turning into flesh. A young woman, in an effort to regain the love of her sweetheart, consulted a sorceress who ordered her to steal a consecrated Host to make a love potion. During Mass, the young woman hid a Host in a cloth. But when she got home, she realized that the Host had been transformed into bleeding flesh. This miracle has extensive documentation, including from Pope Gregory IX. His letter reads: "Gregory, Bishop and Servant of the Servants of God, to Venerable Brother Bishop of Alatri, greetings and Apostolic blessing. We have received your letter, dearest brother, in which you informed us of a certain young woman misguided by an evil woman, who, after having received from the priest the Most Holy Body of Christ, held the Sacred Host in her mouth until the right moment to conceal the Holy Eucharist in a cloth. After three days, she discovered the same Body which she had received in the form of bread transformed into flesh...we give thanks with all our strength to Him Who, though He always operates in marvelous ways, in this case repeats miracles and produces new wonders so that He calls to sinners, converts evildoers and confounds heretics while strengthening faith in the truth of the Catholic Church, sustaining hope and reigniting charity." The Pope interpreted this episode as a sign against the widespread heresies regarding the Real Presence of Jesus in the Eucharist and pardoned the two repentant women.

"Eucharistic Miracle of Alatri, Italy, 1228." Real Presence Eucharistic Education and Adoration Association, 2006. http://www.therealpresence.org/eucharst/mir/english_pdf/Alatri.pdf