

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival.

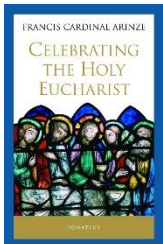
In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

Celebrating the Holy Eucharist (Digital)

by Francis Cardinal Arinze



Cardinal Arinze elucidates the Church's faith in the Eucharist as the high point of her public worship and the source and summit of Christian life. In Celebrating the Holy Eucharist, Cardinal Arinze emphasizes that the priest is ordained, first and foremost, to celebrate the Sacrifice of the Mass and other liturgical rites. The priest "finds himself at the highest moment of his vocation when 'in persona

Christi' he celebrates the Eucharistic Sacrifice." The laity also finds in the Mass "the fount and apex of their entire Christian lives." The Eucharist gives "life, meaning and direction" to all of their works and actions. Cardinal Arinze shows how the Eucharistic celebration sends the lay faithful out into the world to spread the gospel, giving special mention to the role of the family in the work of evangelization.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](https://www.amazon.com).

RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

The following items are available at the Parish Center:

- Blessed Sacrament Prayer Book - \$8.00
- Sacred Heart Prayer Book - \$8.00
- Visits to the Blessed Sacrament (Booklet) - \$8.00
- The Blessed Sacrament – God with us (Booklet) - \$5.00
- Devotion to the Sacred Heart (Booklet) - \$5.00
- Prayers of Reparation to Our Eucharistic Lord - \$2.00
- Monstrance Lapel Pin - \$2.00
- "Eucharistic Adoration" Tote Bag - \$2.00



NATIONAL Eucharistic Congress

Tickets/Travel Packages Coming Soon!

Registration is now open for the National Eucharistic Congress! At the National Eucharistic Congress (<https://www.eucharisticcongress.org/>), the Church will draw into a deeper intimacy with our Eucharistic Lord, allowing our eyes to be opened and our hearts to be set on fire with his love. This historic five-day gathering (July 17-21, 2024) will be an experience of prayer: a liturgical act offering the Catholic Church – those in attendance in Indianapolis as well as across the country – to the Father, through the Son, and in the Holy Spirit. This reconsecration will result in a massive outpouring of grace and renewed missionary sending as participants are moved to share the Eucharistic love of the Lord "for the life of the world" (John 6:51). This is a pivotal moment in both American history and the legacy of the Catholic Church. (It is the first National Eucharistic Congress in 83 years!) Tens of thousands of pilgrims are expected to attend – but space is limited. To ensure that the Diocese of Metuchen is well-represented, we are pleased to announce that the diocese has purchased 100 tickets to next summer's Congress. These packages include transportation to and from Indianapolis, as well as hotel accommodations. More information on how to purchase tickets to next summer's Congress will be forthcoming. In the meantime, anyone interested in learning more about the Congress, or about how to purchase tickets/travel packages, should contact Adam Carlisle, Secretary for Evangelization and Communication, at acarlisle@diometuchen.org

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched! The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam at acarlisle@diometuchen.org

ADORATION OF THE BLESSED SACRAMENT

Perpetual Adoration of the Blessed Sacrament in our Chapel offers individuals the opportunity to spend quiet prayerful time with Jesus 24 hours a day, 7 days a week (except during inclement weather). We are the only parish in the Diocese of Metuchen offering 24/7 Eucharistic Adoration. We encourage everyone to take advantage of this blessing and spend time with the Lord. Eucharistic Guardians commit themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament, making Perpetual Adoration possible by assuring Jesus is never left alone. **Can you commit to spending one hour a week in the presence of Our Lord?** If so, please call Gerry Aboyme at 732-266-4145.



At the Feet of Christ in the Eucharist by Saint Faustina

O Jesus, Divine Prisoner of Love, when I consider Your love and how You emptied Yourself for me, my senses deaden. You hide Your inconceivable majesty and lower Yourself to miserable me. O king of Glory, though You hide Your beauty, yet the eye of my soul rends the veil. I see the angelic choirs giving You honor without cease, and all the heavenly Powers praising You without cease, and without cease they are saying: Holy, Holy, Holy.

Oh, who will comprehend Your love and Your unfathomable mercy toward us! O Prisoner of Love, I lock up my poor heart in this tabernacle that it may adore You without cease night and day. I know of no obstacle in this adoration: and even though I be physically distant, my heart is always with You. Nothing can put a stop to my love for You. No obstacles exist for me...

O Holy Trinity, One and Indivisible God, may You be blessed for this great gift and testament of mercy. Amen.

I adore You, Lord and Creator, hidden in the Most Blessed Sacrament. I adore You for all the works of Your hands, that reveal to me so much wisdom, goodness and mercy, O Lord. You have spread so much beauty over the earth and it tells me about Your beauty, even though these beautiful things are but a faint reflection of You, incomprehensible Beauty. And although You have hidden Yourself and concealed your beauty, my eye, enlightened by faith, reaches You and my souls recognizes its Creator, its Highest Good, and my heart is completely immersed in prayer of adoration.

My Lord and Creator, Your goodness encourages me to converse with You. Your mercy abolishes the chasm which separates the Creator from the creature. To converse with You, O Lord, is the delight of my heart. In You I find everything that my heart could desire. Here Your light illumines my mind, enabling it to know You more and more deeply. Here streams of grace flow down upon my heart. Here my soul draws eternal life. O my Lord and Creator, You alone, beyond all these gifts, give Your own self to me and unite Yourself intimately with Your miserable creature.

O Christ, let my greatest delight be to see You loved and Your praise and glory proclaimed, especially the honor of Your mercy. O Christ, let me glorify Your goodness and mercy to the last moment of my life, with every drop of my blood and every beat of my heart. Would that I be transformed into a hymn of adoration of You. When I find myself on my deathbed, may the last beat of my heart be a loving hymn glorifying Your unfathomable mercy. Amen.

THE EUCHARIST IN SCRIPTURE

A Parish Study for Adults



Have you ever wondered when the Holy Eucharist was instituted? When does the bread and wine become the Body, Blood, Soul and Divinity of Jesus Christ?

If you have wondered about these and other matters related to the Eucharist, this course is for you!

Beginning on Wednesday, October 4, 2023 and continuing every Wednesday, until November 15, 2023, Our Lady of Fatima Parish will present a video and workbook study led by our own parishioner, book writer and teacher, Scott Culver from 6:15 to 7:30 pm.

Based on three of Dr. Scott Hahn's foundational talks: "The Lamb's Supper," "The Fourth Cup," and "Consuming the Word," this course will examine the biblical foundations of the Eucharist and explore the Church's liturgy as the original context for the books of the Bible. It will explain God's plan of Salvation as it is expressed through the Sacred Scriptures and the Holy Mass and unlock the meaning of the words "covenant", "sacrifice", and "sacrament" as understood in the Bible, from Genesis through Revelation.

While there is no cost for the class, registrants should enclose a check for \$25 made out to Scott Culver for the cost of the participant's workbook. For more information or to register, please contact the parish office at 732-968-5555.

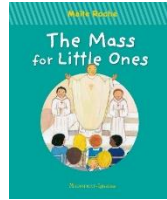
THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org.

RESOURCES FOR CHILDREN - *Pick of the Week*

The Mass for Little Ones

By Maite Roche

With touching four-color pictures and simple but beautiful language, best-selling children's author and illustrator Maite Roche presents an endearing and simple introduction for little ones of what happens during the liturgy. This lovely little board book, that magnificently brings to life the Mass, is an ideal way to introduce to little ones this sacred worship and most important prayer for Catholics. For ages 3 and up



This book is published by *Ignatius Press* and may be purchased at most religious book stores and on AMAZON.COM.

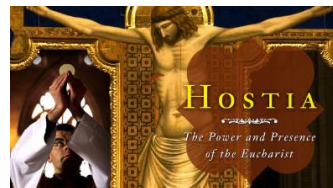
Adoration is the first attitude of man acknowledging that he is a creature before his Creator. It exalts the greatness of the Lord who made us and the almighty power of the Savior who sets us free from evil. Adoration is homage of the spirit to the "King of Glory," respectful silence in the presence of the "ever greater" God. Adoration of the thrice-holy and sovereign God of love blends with humility and gives assurance to our supplications.

United States Catholic Conference, Inc. (1994). Catechism of the Catholic Church. New York, NY: An Image Book, Doubleday, page 693.

Learn more about the Sacred Liturgy and the Holy Eucharist on

FORMED

This week, we recommend the following Series:
Hostia: The Power and Presence of the Eucharist



"This powerful and inspiring film begins with the Gospel accounts of how Jesus Christ instituted the Eucharist. It explains how the sacrifices and offerings in the Old Testament prefigured the perfect and final sacrifice in Jesus Christ Himself—the Lamb of God who takes away the sins of the world. The constant belief of Christians in the Real Presence throughout history is clearly demonstrated along with examples of heroic witnesses for the Faith. The Holy Sacrifice of the Mass is explained as the center of the Christian life where Jesus becomes truly present in the Eucharist. The practices of Eucharistic Adoration and Benediction are presented as the real power behind any evangelization and essential to reviving faith in every Catholic parish. With contributions from Fr. Nicholas Schofield, Fr. Tim Finigan, Fr. Andrew Pinsent, Hannah Vaughan-Spruce, John Pontifex, Fr. Bruno Witchalls, and Fr. Marcus Holden, this film offers an inspiring presentation with clarity of teaching about the Holy Eucharist.

EUCCHARISTIC SAINTS

ST. TERESA OF CALCUTTA

THE WOMAN WHO BROUGHT JESUS TO THE POOREST OF THE POOR



Most people know St. Teresa of Calcutta, commonly known as Mother Teresa, as the woman who dedicated herself to the love and care of the poor in Calcutta, India. Her desire to serve these people, many of whom were dying on the streets, led to her fame throughout the world. However, most people miss the reason for the initial calling and the continuation of this call until her death. It was Jesus in the Eucharist.

When Mother Teresa was writing the very first Constitutions for the future Congregation of the Missionaries of Charity, she wrote: "The Sisters should use every means to learn and increase that tender love for Jesus in the Blessed Sacrament." Teresa not only renewed daily her "call within a call" to give wholehearted free service to the poorest of the poor at every Eucharistic celebration, but also drew her strength from its daily reception. She writes, "One thing I request of you, Your Grace, is to give us all the spiritual help we need. If we have our Lord in the midst of us, with daily Mass and Holy Communion, I fear nothing for the Sisters nor myself; he will look after us. But without him I cannot be — I am helpless."

She even wanted the Sisters to do the work of priests. In her original Rule Book she wrote, "As each Sister is to do the work of a priest — go where he cannot go and do what he cannot do, she must imbibe the Spirit of Holy Mass, which is one of total surrender and offering. For this reason, Holy Mass must become the daily meeting place, where God and his creature offer each other for each other and the world." Here we see Teresa's deeper understanding of the reality of the Eucharist and her mystical union. It was this unbroken spousal union that gave her all the energy, strength, vitality and enthusiasm to go on doing what she did. The life she lived was no longer her life, but it was Jesus who lived in her and worked through her. It was her Eucharistic Spouse who promised that he would never leave her, provided she trusted him lovingly and blindly, obeyed him cheerfully, promptly and without any questions.

Our Lady also would send messages to Teresa telling her to take care of her poor people and carry Jesus to them. Her exact words were, "Take care of them, they are mine; bring them to Jesus, carry Jesus to them." Our Lady apparently wanted Teresa to continue to do what she did immediately after the Annunciation. At the Annunciation, Mary received Jesus first in her heart and then in her womb, and then with Jesus she went in haste to give him to her cousin Elizabeth and others. "The Annunciation was Our Lady's first Holy Communion day," Teresa said. Just as Mary received Jesus at the Annunciation and then went in haste to give him to others, so too all Missionaries of Charity Sisters and Brothers receive Jesus in Holy Communion and go in haste to give to the poor. Our Lady also promised her unfailing help, "Fear not, Jesus and I will be with you and your children."

There is an inseparable twofold presence of Jesus, in the Bread of Life and in the distressing disguise of the poorest of the poor. Jesus told Mother Teresa, "Carry Me with you into them, for I cannot go alone. They don't know Me, so they don't want Me; you go amongst them." Jesus wanted Teresa, the Sisters and the Brothers to go among the poor not as social workers, politicians or even masters; but as unworthy servants asked to carry Jesus with them into the people's homes and holes. Teresa went further and deeper with her Eucharistic Jesus. In her own words, "Just as Jesus allows himself to be broken, to be given to us as food, we too must break, we must share with each other, with our own people first, in our house, in our communities, for love begins at home."

In Teresa, there was the insatiable spousal longing, which became identical with the thirst of Jesus on the Cross for love of souls. From that moment on, she was going to pray, suffer and work day and night for Jesus, because her beloved Spouse was everything for her, "Jesus, my own Jesus, I am only thine... I love you not for what you give, but what you take, Jesus." She continued in writing to the Archbishop of Calcutta: "I long to be really only his, to burn myself completely for him and souls. I want him to be loved tenderly by many... I have already given my all to him."

Vazhakala, Fr. Sebastian. "The Holy Eucharist in the Life of Bl. Teresa of Calcutta." EWTN, Global Catholic Network. 16 March 2005. <https://www.ewtn.com/catholicism/library/holy-eucharist-in-the-life-of-bl-teresa-of-calcutta-5528>.

EUCCHARISTIC MIRACLES

The Eucharistic Miracle of Rimini, Italy



In Rimini, there is a church that was built in honor of the Eucharistic miracle performed by Saint Anthony of Padua in 1227. This episode is cited in *Begninitas*, one of the most ancient sources regarding the life of Saint Anthony. "This saintly man was speaking with a faithless heretic who was opposed to the sacrament of the Eucharist and whom the saint had nearly led to the Catholic faith. But, after numerous arguments, this heretic declared: 'If you, Anthony, produce a miracle and demonstrate to me that the Body of Christ is truly Communion, I will completely renounce my heresy and immediately convert to the Catholic faith. Why don't we have a wager? I'll keep one of my beasts locked up for three days to feel the torments of hunger. Then I will bring it forth in public and show it food. You will stand in front of it with what you maintain is the Body of Christ. If the beast, leaving aside its food, hurries to adore its God, I will share the faith of your Church.'" Saint Anthony, inspired from above, accepted the challenge. At the chosen time, the priest and heretic entered the Grand Piazza (today the Three Martyrs Piazza). Saint Anthony was followed by Catholic faithful; Bonovillo (the name of the Catharist heretic) by his allies in unbelief. The saint held between his hands the consecrated Host, contained in a monstrance; the heretic held his hungry mule. The saint, after having requested and obtained silence, turned to the mule with these words, "In virtue and in the name of your Creator, Who I, as unworthy as I am, hold in my hands, I tell and order you: Come forward immediately and render homage to the Lord with all due respect so that heretics and evildoers will understand that all creatures must humble themselves before their Creator whom priests hold in their hands at the altar." And immediately the animal, refusing the food offered by its master, docilely approached the priest. It bent its front legs before the Host and paused there reverently. Anthony's adversary was true to his word, and threw himself at the saint's feet denouncing publicly the errors of his ways. From that day, he became one of the most zealous cooperators of the miracle-working saint.

"Eucharistic Miracle of Rimini, Italy, 1227." Real Presence Eucharistic Education and Adoration Association, 2006. http://www.therealpresence.org/eucharst/mir/english_pdf/Rimini.pdf