

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival.

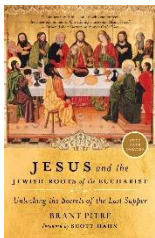
In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

Jesus and the Jewish Roots of the Eucharist Unlocking the Secrets of the Last Supper

by Brant Pitre



This book shines fresh light on the Last Supper by looking at it through Jewish eyes. Using his in-depth knowledge of the Bible and ancient Judaism, Dr. Brant Pitre answers questions such as: What was the Passover like at the time of Jesus? What were the Jewish hopes for the Messiah? What was Jesus' purpose in instituting the Eucharist during the feast of Passover? And, most important of all, what did Jesus

mean when he said, "This is my body... This is my blood"? To answer these questions, Pitre explores ancient Jewish beliefs about the Passover of the Messiah, the miraculous Manna from heaven, and the mysterious Bread of the Presence. As he shows, these three keys—the Passover, the Manna, and the Bread of the Presence—have the power to unlock the original meaning of the Eucharistic words of Jesus.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](https://www.amazon.com).

RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

The following items are available at the Parish Center:

- Blessed Sacrament Prayer Book - \$8.00
- Sacred Heart Prayer Book - \$8.00
- Visits to the Blessed Sacrament (Booklet) - \$8.00
- The Blessed Sacrament – God with us (Booklet) - \$5.00
- Devotion to the Sacred Heart (Booklet) - \$5.00
- Prayers of Reparation to Our Eucharistic Lord - \$2.00
- Monstrance Lapel Pin - \$2.00
- "Eucharistic Adoration" Tote Bag - \$2.00



NATIONAL Eucharistic Congress

Tickets/Travel Packages Coming Soon!

Registration is now open for the National Eucharistic Congress! At the National Eucharistic Congress (<https://www.eucharisticcongress.org/>), the Church will draw into a deeper intimacy with our Eucharistic Lord, allowing our eyes to be opened and our hearts to be set on fire with his love. This historic five-day gathering (July 17-21, 2024) will be an experience of prayer: a liturgical act offering the Catholic Church – those in attendance in Indianapolis as well as across the country – to the Father, through the Son, and in the Holy Spirit. This reconsecration will result in a massive outpouring of grace and renewed missionary sending as participants are moved to share the Eucharistic love of the Lord "for the life of the world" (John 6:51). This is a pivotal moment in both American history and the legacy of the Catholic Church. (It is the first National Eucharistic Congress in 83 years!) Tens of thousands of pilgrims are expected to attend – but space is limited. To ensure that the Diocese of Metuchen is well-represented, we are pleased to announce that the diocese has purchased 100 tickets to next summer's Congress. These packages include transportation to and from Indianapolis, as well as hotel accommodations. More information on how to purchase tickets to next summer's Congress will be forthcoming. In the meantime, anyone interested in learning more about the Congress, or about how to purchase tickets/travel packages, should contact Adam Carlisle, Secretary for Evangelization and Communication, at acarlisle@diometuchen.org

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



NATIONAL
**Eucharistic
Pilgrimage**

The National Eucharistic Pilgrimage has publicly launched! The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam at acarlisle@diometuchen.org

ADORATION OF THE BLESSED SACRAMENT

Perpetual Adoration of the Blessed Sacrament in our Chapel offers individuals the opportunity to spend quiet prayerful time with Jesus 24 hours a day, 7 days a week (except during inclement weather). We are the only parish in the Diocese of Metuchen offering 24/7 Eucharistic Adoration. We encourage everyone to take advantage of this blessing and spend time with the Lord. Eucharistic Guardians commit themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament, making Perpetual Adoration possible by assuring Jesus is never left alone. **Can you commit to spending one hour a week in the presence of Our Lord?** If so please call Gerry Aboyme at 732-266-4145.



Prayer of St. Pio of Pietrelcina after Holy Communion

Stay with me, Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You.

Stay with me, Lord, because I am weak and I need Your strength, that I may not fall so often.

Stay with me, Lord, for You are my life, and without You, I am without fervor.

Stay with me, Lord, for You are my light, and without You, I am in darkness.

Stay with me, Lord, to show me Your will.

Stay with me, Lord, so that I hear Your voice and follow You.

Stay with me, Lord, for I desire to love You very much, and always be in Your company.

Stay with me, Lord, if You wish me to be faithful to You.

Stay with me, Lord, for as poor as my soul is, I want it to be a place of consolation for You, a nest of love.

Stay with me, Jesus, for it is getting late and the day is coming to a close, and life passes; death, judgment, eternity approaches. It is necessary to renew my strength, so that I will not stop along the way and for that, I need You.

It is getting late and death approaches, I fear the darkness, the temptations, the dryness, the cross, the sorrows. O how I need You, my Jesus, in this night of exile!

Stay with me tonight, Jesus, in life with all its dangers. I need You.

Let me recognize You as Your disciples did at the breaking of the bread, so that the Eucharistic Communion be the Light which dispenses the darkness, the force which sustains me, the unique joy of my heart.

Stay with me, Lord, because at the hour of my death, I want to remain united to You, if not by communion, at least by grace and love.

Stay with me, Jesus, I do not ask for divine consolation, because I do not merit it, but the gift of Your Presence, oh yes, I ask this of You!

Stay with me, Lord, for it is You alone I look for, Your Love, Your Grace, Your Will, Your Heart, Your Spirit, because I love You and ask no other reward but to love You more and more.

With a firm love, I will love You with all my heart while on earth and continue to love You perfectly during all eternity. Amen

RESOURCES FOR CHILDREN - *Pick of the Week*

Jesus, I Adore You By Sabine Du Mesnil



How do we adore God who has shared his divine presence with us in the Blessed Sacrament? Adoring Jesus in the Blessed Sacrament can simply be taking a moment to say that we love him. How? By going inside a Catholic church and quietly drawing near to his presence in the tabernacle.

Jesus, I Adore You teaches children what Eucharistic Adoration is, the ways they can practice Adoration, and suggestions for lovely prayers and words to use in Adoration.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on **AMAZON.COM**.

THE EUCHARIST IN SCRIPTURE

A Parish Study for Adults



Have you ever wondered when the Holy Eucharist was instituted? When does the bread and wine become the Body, Blood, Soul and Divinity of Jesus Christ?

If you have wondered about these and other matters related to the Eucharist, this course is for you!

Beginning on Wednesday, October 4, 2023 and continuing every Wednesday, until November 15, 2023, Our Lady of Fatima Parish will present a video and workbook study led by our own parishioner, book writer and teacher, Scott Culver from 6:15 to 7:30 pm.

Based on three of Dr. Scott Hahn's foundational talks: "The Lamb's Supper," "The Fourth Cup," and "Consuming the Word," this course will examine the biblical foundations of the Eucharist and explore the Church's liturgy as the original context for the books of the Bible. It will explain God's plan of Salvation as it is expressed through the Sacred Scriptures and the Holy Mass and unlock the meaning of the words "covenant", "sacrifice", and "sacrament" as understood in the Bible, from Genesis through Revelation.

While there is no cost for the class, registrants should enclose a check for \$25 made out to Scott Culver for the cost of the participant's workbook. For more information or to register, please contact the parish office at 732-968-5555.

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org

The Catechism of the Council of Trent Recipient of the Eucharist - Threefold Manner of Communicating

That the faithful may learn to be zealous for the better gifts, they must be shown who can obtain these abundant fruits from the Holy Eucharist, must be reminded that there is not only one way of communicating. Wisely and rightly, then, did our predecessors in the faith, as we read in the Council of Trent, distinguish three ways of receiving this Sacrament.

Some receive it sacramentally only. Such are those sinners who do not fear to approach the holy mysteries with polluted lips and heart, who, as the Apostle (1 Cor 11:29) says, eat and drink the Lord's Body unworthily. Of this class of communicants St. Augustine says: "He who dwells not in Christ, and in whom Christ dwells not, most certainly does not eat spiritually His flesh, although carnally and visibly he press with this teeth the Sacrament of His flesh and blood." Those, therefore, who receive the sacred mysteries with such a disposition, not only obtain no fruit therefrom, but, as the Apostle himself testifies, "eat and drink judgement on themselves" (1 Cor 11:29).

Others are said to receive the Eucharist in spirit only. They are those who, inflamed with a lively faith which worketh by charity (Gal 5:6), partake in wish and desire of that celestial bread offered to them, from which they receive, if not the entire, as least very great fruits.

Lastly, there are some who receive the Holy Eucharist both sacramentally and spiritually, those who, according to the teaching of the Apostle (1 Cor 11:28) having first proved themselves and having approached this divine banquet adorned with the nuptial garment (Matt 22:11), derive from the Eucharist those most abundant fruits...**Hence it is clear that those who, having it in their power to receive with fitting preparation the Sacrament of the Body of the Lord, are yet satisfied with a spiritual Communion only, deprive themselves of the greatest and most heavenly advantages.**

Learn more about the Sacred Liturgy and the Holy Eucharist on **FORMED**

This week, we recommend the following Series:
Jesus and the Eucharist: A Small Group Series for Eucharistic Revival



During this time of Eucharistic Revival, Jesus is inviting us to encounter him in our life stories. Together, we'll explore the story of salvation as told through Scripture, fulfilled in the death and resurrection of Jesus, and lived out in the Church and the Sacraments—especially the Eucharist. At the conclusion of this series, participants will be empowered to live out the Gospel in their own lives and share its message of hope with others.

EUCCHARISTIC SAINTS

ST. GEMMA GALGANI

THE WOMAN WHOSE SOUL BURNED FOR JESUS



Gemma had the most passionate love for Jesus in the Blessed Sacrament. On the day of her first Communion she remarked: "I feel I am burning. I feel there is a fire kindled in my heart." This fire never went out, but in time became a devouring flame, so that one day the saintly girl could exclaim: "I feel love will finally conquer me, and that my soul, unable to love Jesus enough here on earth, will be in danger of being separated from my body. How blessed to love Jesus alone Oh father, if you could say in a few days time: 'Gemma was a victim of love and died of love.' What a blessed death! I would wish to be dissolved and that my heart might become ashes so that all could say: 'The heart of Gemma has been consumed by Jesus.' "

One day, while speaking of an exposition of the Blessed Sacrament, Gemma wrote: "Jesus is such a sweet irresistible Lover; how can one fail to love Him with one's whole heart and soul? How can one not wish to be wholly absorbed in Him, and consumed in the flames of His holy love?"

"How precious are the moments of Holy Communion," she exclaims, "they can only be compared to the beatitude enjoyed by the saints and angels. They behold the face of Jesus and know they cannot sin any more, and can never lose Him again, for these two things I envy them and would wish to be of their company. But for the rest I have reason to rejoice, because every day Jesus comes into my heart; Jesus gives His whole self to me." In one of her ecstasies she said: "Jesus, listen to what my confessor asks me, 'What do you do, Gemma, while you are before Jesus?' 'What do I do? When I am with Jesus Crucified I suffer, and when I am with Jesus in the Blessed Sacrament, I love.' "

And when the shadow of evening began to fall, and her life hastened to its ending, even with a temperature at 104 degrees, this heroic girl got up and dragged herself to Church to receive the Jesus she loved so ardently. She would implore Jesus to give her the strength to get up, even if in exchange He increased her pain a hundredfold: "To an affectionate Lover like You, Lord, many entreaties are not needed. You understand at the first word. Then say 'Yes' and I shall come."

"Ah, what, then, do You ask of me? Love? I love You; for You are my benefactor, my Creator, my Preserver... Because You are the Spouse of my soul, I look always for You; I look for Your affection, Your friendship, Your glory. If You help me I shall never seek anything else. How Your sweet voice sets my soul aflame! And what do You receive from my ingratitude? Perhaps I am united with You corporally but what about my heart? No, no, my heart is Yours. You, Jesus, are a King, strong and generous, who sends me into battle, but You always give the victory. Give me the grace to listen to Your voice, so that I may love You with tender affection."

Dellaire, Glenn. "St. Gemma and the Blessed Sacrament – Her Love for Holy Communion" *St. Gemma Galgani*. 2010. <https://www.stgemmagalgani.com/2010/09/st-gemma-and-blessed-sacrament-her-love.html>

EUCCHARISTIC MIRACLES

The Eucharistic Miracle of Trani, Italy (11th Century)



To this day in Trani, Puglia, the relic of this miracle is housed in the Cathedral of Holy Mary of the Assumption. There are numerous documents which retell this miracle. Brother Bartolomeo Campi describes in his work, "L'Innamorato di Gesù Cristo" (1625), an accurate account: "Pretending to be Christian, the woman received Communion with the others... and took the consecrated Host from her mouth and transferred the Holy Eucharist to a handkerchief. Once home she wanted to experiment with whether or not the Blessed Sacrament was bread and put the consecrated Host into a heated frying pan filled with oil. Upon contact with the boiling oil, the consecrated Host miraculously became Bloody Flesh and a hemorrhage, so to speak, would not stop flowing and went from the pan all over the cursed woman and her house. Terrorized, the woman began to scream... and the neighbors ran over to find out the reasons behind her cries...". The archbishop was immediately informed of the events and he ordered the return of the consecrated Host to the church. Cistercian Abbot Ferdinando Ughelli (1670), in his well-known encyclopedic work "Italia Sacra", wrote: "In Trani a sacred Host was fried to the dismay of our Faith..., the true Flesh and Blood of Christ was unveiled in the unleavened Bread which fell to the ground". An indirect confirmation to this miracle is also found in the affirmation of St. Pio from Pietreclina, which exclaimed: "Trani is fortunate to have been bathed by the Blood of Christ twice", the first reference being to this miracle and the later to the miracle of the Colonna Crucifix from which an abundant stream of blood flowed from Jesus' nose. The house of the woman was converted into a chapel in 1706. In 1616 the relic of the Host was transferred to an antique silver shrine. Throughout various eras, many tests were performed on this sacred relic and verified, the last one took place in 1924.

"Eucharistic Miracle of Trani, Italy – 11th Century." Real Presence Eucharistic Education and Adoration Association, 2006. http://www.therealpresence.org/eucharsti/mir/english_pdf/Trani.pdf