

NATIONAL EUCHARISTIC REVIVAL

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Welcome to this special section of the bulletin dedicated to the National Eucharistic Revival! As our parish continues to observe the second phase of this historic event, we are pleased to provide this dedicated space to weekly information on matters pertaining to the Revival.

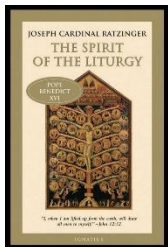
In addition to announcements regarding special activities and events, this section provides a regular listing of resources, catechesis and directives which are intended to help foster a deeper devotion and a greater understanding of the Holy Eucharist. We invite you to look over this section each week for new and updated content and we pray that as you do so, you will grow in your appreciation and love for Jesus in the Most Blessed Sacrament.

BOOKS ON THE HOLY EUCHARIST

Pick of the Week

The Spirit of the Liturgy

by Cardinal Joseph Ratzinger (Pope Benedict XVI)



Considered by many as one of Cardinal Joseph Ratzinger's greatest works, this profound and beautifully written treatment of the liturgy will help readers to deepen their understanding of the "great prayer of the Church". The cardinal discusses fundamental misunderstandings of the Second Vatican Council's intentions for liturgical renewal, especially about the priest's orientation of prayer to the Father, the

placement of the tabernacle in churches, and the posture of kneeling.

Other important topics are the essence of worship, the Jewish roots of Christian prayer, the relationship of the liturgy to time and space, sacred art and music, and the active participation of the faithful in the Mass.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](https://www.amazon.com).

RESOURCES

TO HELP FOSTER DEVOTION TO THE HOLY EUCHARIST

The following items are available at the Parish Center:

- Blessed Sacrament Prayer Book - \$8.00
- Sacred Heart Prayer Book - \$8.00
- Visits to the Blessed Sacrament (Booklet) - \$8.00
- The Blessed Sacrament – God with us (Booklet) - \$5.00
- Devotion to the Sacred Heart (Booklet) - \$5.00
- Prayers of Reparation to Our Eucharistic Lord - \$2.00
- Monstrance Lapel Pin - \$2.00
- "Eucharistic Adoration" Tote Bag - \$2.00



NATIONAL Eucharistic Congress

Tickets/Travel Packages Coming Soon!

Registration is now open for the National Eucharistic Congress! At the National Eucharistic Congress (<https://www.eucharisticcongress.org/>), the Church will draw into a deeper intimacy with our Eucharistic Lord, allowing our eyes to be opened and our hearts to be set on fire with his love. This historic five-day gathering (July 17-21, 2024) will be an experience of prayer: a liturgical act offering the Catholic Church – those in attendance in Indianapolis as well as across the country – to the Father, through the Son, and in the Holy Spirit. This reconsecration will result in a massive outpouring of grace and renewed missionary sending as participants are moved to share the Eucharistic love of the Lord "for the life of the world" (John 6:51). This is a pivotal moment in both American history and the legacy of the Catholic Church. (It is the first National Eucharistic Congress in 83 years!) Tens of thousands of pilgrims are expected to attend – but space is limited. To ensure that the Diocese of Metuchen is well-represented, we are pleased to announce that the diocese has purchased 100 tickets to next summer's Congress. These packages include transportation to and from Indianapolis, as well as hotel accommodations. More information on how to purchase tickets to next summer's Congress will be forthcoming. In the meantime, anyone interested in learning more about the Congress, or about how to purchase tickets/travel packages, should contact Adam Carlisle, Secretary for Evangelization and Communication, at acarlisle@diometuchen.org

OFFICIAL PRAYERS NATIONAL EUCHARISTIC REVIVAL

O SACRED BANQUET, in which Christ is received, the memory of His Passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us.

MY GOD, I believe, I adore, I hope and I love Thee! I beg pardon for those who do not believe, do not adore, do not hope and do not love Thee.

O MOST HOLY TRINITY, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.



NATIONAL Eucharistic Pilgrimage

The National Eucharistic Pilgrimage has publicly launched! The NEP (<https://www.eucharisticpilgrimage.org/>) will consist of four cross-country Eucharistic processions, collectively traversing the entire continental United States over a two-month period, beginning during the feast of Pentecost, May 17-19, 2024.

The pilgrimage is being organized by the National Eucharistic Revival campaign in conjunction with Modern Catholic Pilgrim, a Catholic nonprofit dedicated to deepening the faith across the country through pilgrimages. Along the way, the pilgrims will make stops in major US cities, churches, Catholic colleges, and holy sites. Parishes along the routes will host Mass, adoration, devotions, praise and workshop, lectures on the Eucharist, and more.

The Seton Route, which will begin in New Haven, Connecticut, will be passing through the Diocese of Metuchen on May 27-29, 2024. The four pilgrimage processions will ultimately converge in Indianapolis on July 16, 2024, to participate in the National Eucharistic Congress. Adam Carlisle, Secretary of Evangelization and Communication, will be helping to organize our diocese's involvement. If anyone is interested in assisting with this important event, please feel free to contact Adam at acarlisle@diometuchen.org

ADORATION OF THE BLESSED SACRAMENT

Perpetual Adoration of the Blessed Sacrament in our Chapel offers individuals the opportunity to spend quiet prayerful time with Jesus 24 hours a day, 7 days a week (except during inclement weather). We are the only parish in the Diocese of Metuchen offering 24/7 Eucharistic Adoration. We encourage everyone to take advantage of this blessing and spend time with the Lord. Eucharistic Guardians commit themselves to an hour of silent prayer each week in the presence of the Blessed Sacrament, making Perpetual Adoration possible by assuring Jesus is never left alone. **Can you commit to spending one hour a week in the presence of Our Lord?** If so please call Gerry Aboyme at 732-266-4145.



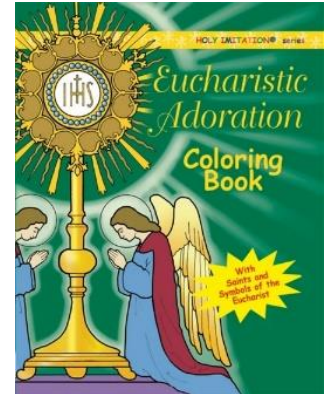
RESOURCES FOR CHILDREN - *Pick of the Week*

Eucharistic Adoration Coloring Book

This inspiring coloring book for children presents beautifully detailed pictures, ranging from symbols of the Eucharist to images of the saints who contributed to our understanding and devotion to the Eucharist. Written and illustrated by artist Katherine Sotnik, this book teaches as it entertains, showing the vessels for the liturgy as well as explaining the different names and terms that the Eucharist has. A perfect companion for your little one(s) to engage while you adore Jesus at adoration!

Softcover, 8½ x 11, 70 pages.

This book is published by *Ignatius Press* and may be purchased at most religious book stores and on [AMAZON.COM](https://www.amazon.com).



What are the Divine Praises?

The Divine Praises or Laudes Divinae is an 18th-century Roman Catholic expiatory prayer traditionally recited during Benediction of the Blessed Sacrament.

The Divine Praises were originally written in Italian by Luigi Felici in 1797 for the purpose of making reparation after saying or hearing sacrilege or blasphemy. The praises were later expanded by Pope Pius VII in 1801 and eventually came to be recited during Benediction of the Blessed Sacrament.

Although the Divine Praises are usually recited during Benediction, one may say them at any time especially when in the Presence of the Blessed Sacrament.

THE DIVINE PRAISES

- Blessed be God.
- Blessed be His Holy Name.
- Blessed be Jesus Christ, true God and true Man.
- Blessed be the Name of Jesus.
- Blessed be His Most Sacred Heart.
- Blessed be His Most Precious Blood.
- Blessed be Jesus in the Most Holy Sacrament of the Altar.
- Blessed be the Holy Spirit, the Paraclete.
- Blessed be the Great Mother of God, Mary Most Holy.
- Blessed be her Holy and Immaculate Conception.
- Blessed be her Glorious Assumption.
- Blessed be the Name of Mary, Virgin and Mother.
- Blessed be Saint Joseph, her Most Chaste Spouse.
- Blessed be God in His Angels and in His Saints.
- Amen.

THE EUCHARIST IN SCRIPTURE A Parish Study for Adults



Have you ever wondered when the Holy Eucharist was instituted? When does the bread and wine become the Body, Blood, Soul and Divinity of Jesus Christ?

If you have wondered about these and other matters related to the Eucharist, this course is for you!

Beginning on Wednesday, October 4, 2023 and continuing every Wednesday, until November 15, 2023, Our Lady of Fatima Parish will present a video and workbook study led by our own parishioner, book writer and teacher, Scott Culver.

Based on three of Dr. Scott Hahn's foundational talks: "The Lamb's Supper," "The Fourth Cup," and "Consuming the Word," this course will examine the biblical foundations of the Eucharist and explore the Church's liturgy as the original context for the books of the Bible. It will explain God's plan of Salvation as it is expressed through the Sacred Scriptures and the Holy Mass and unlock the meaning of the words "covenant", "sacrifice", and "sacrament" as understood in the Bible, from Genesis through Revelation.

There is no cost for the class, except for the participant's workbook. For more information or to register, please contact the parish office at 732-968-5555.

What is Spiritual Communion?

Spiritual Communion is an ardent desire to receive Jesus in the Most Holy Sacrament and lovingly embrace him at a time or in circumstances when one cannot receive Him in sacramental Communion. There is no limit to how often the prayers are said. One can pray it daily or even several times a day.

The Source and Summit of the Christian Life

At the Last Supper, on the night he was betrayed, our Savior instituted the Eucharistic sacrifice of his Body and Blood. This he did in order to perpetuate the sacrifice of the cross throughout the ages until he should come again, and so to entrust to his beloved Spouse, the Church, a memorial of his death and resurrection: a sacrament of love, a sign of unity, a bond of charity, a Paschal banquet in which Christ is consumed, the mind is filled with grace, and a pledge of future glory is given to us.

The Eucharist is **the source and summit of the Christian life**. The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself.

The Eucharist is the efficacious sign and sublime cause of that communion in the divine life and that unity of the People of God by which the Church is kept in being. It is the culmination both of God's actions sanctifying the world in Christ and of the worship men offer to Christ and through Him to the Father in the Holy Spirit.

United States Catholic Conference, Inc. (1994). *Catechism of the Catholic Church*. New York, NY: An Image Book, Doubleday, pages 368-369.

THE MYSTERY OF THE EUCHARIST IN THE LIFE OF THE CHURCH is the 2021 United States Catholic Conference of Bishops document on the Eucharist – the doctrinal source text for the National Eucharistic Revival. To read the document, visit the Bishop's Conference Official Website at: www.usccb.org

Spiritual Communion Prayer

By St. Alphonsus Liguori

My Jesus,
I believe that You are present in the Most Blessed Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot now receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if you were already there,
and I unite myself wholly to You.
Never permit me to be separated from You.

EUCCHARISTIC SAINTS

SAINT TARCISIUS

The Boy Who Protected the Eucharist



The custom of taking the Eucharist to prisoners and the sick became increasingly dangerous during the reign of Emperor Valerian, who was harshly persecuting Christians in the third century. One day, when the priest asked who in the congregation was prepared to take the Eucharist to the other brothers and sisters who were waiting for it, young Tarcisus stood up and asked to be sent. "My youth", Tarcisus said, "will be the best shield for the Eucharist". Convinced, the priest entrusted to him the precious Bread, saying: "Tarcisus, remember that a heavenly treasure has been entrusted to your weak hands. Avoid crowded streets and do not forget that holy things must never be thrown to dogs nor pearls to pigs. Will you guard the Sacred Mysteries faithfully and safely?". "I would die", Tarcisus answered with determination, "rather than let go of them".

On his way he met some friends who approached him and asked him to join them. As pagans they became suspicious and insistent at his refusal and realized he was clasping something to his breast that he appeared to be protecting. They tried to pry it away from him and the struggle became fiercer when they realized that Tarcisus was a Christian. They kicked him and threw stones at him, but he did not surrender. While Tarcisus was dying a Pretoria guard called Quadratus, who was secretly a Christian, carried him to the priest. Tarcisus was already dead when they arrived but was still clutching to his breast a small linen bag containing the Eucharist. He was

buried straight away in the Catacombs of St Calixtus. There is a beautiful oral tradition claiming that the Most Blessed Sacrament was not found on St. Tarcisus' body, either in his hands or his clothing. It explains that the consecrated Host which the little martyr had defended with his life, had become flesh of his flesh thereby forming, together with his body, a single immaculate Host offered to God.

Pope Benedict XVI. "Saint Tarcisus." *The Holy See*, 4 August 2010, https://www.vatican.va/content/benedict-xvi/en/audiences/2010/documents/hf_ben-xvi_aud_20100804.html.

EUCCHARISTIC MIRACLES

The Eucharistic Miracle of Lanciano, Italy

The first and greatest Eucharistic Miracle of the Catholic Church occurred during the 8th century in the Church of St. Legontian in Lanciano, Italy, when a Basilian monk doubted Jesus' Real Presence in the Eucharist. After the consecration in Mass, the host was changed into live Flesh and the wine was changed into live Blood, which coagulated into five globules. The Flesh and the Blood can still be seen today. Various ecclesiastical investigations have been conducted since 1574. In the 1970's, there was a scientific investigation by the scientist Professor Odoardo Linoli, eminent Professor in Anatomy and Pathological Histology and in Chemistry and Clinical Microscopy. He was assisted by Professor Ruggero Bertelli of the University of Siena. The results of their analyses are as follows:

- The Flesh is real Flesh. The Blood is real Blood.
- The Flesh and the Blood belong to the human species.
- The Flesh consists of the muscular tissue of the heart.
- In the Flesh the following is present in section: the myocardium, the endocardium, the vagus nerve and also the left ventricle of the heart for the large thickness of the myocardium.
- The Flesh is a "HEART" complete in its essential structure.
- The Flesh and the Blood have the same blood-type: AB (the blood-type identical to that of the Holy Shroud of Turin).
- In the Blood there were found proteins in the same normal proportions (percentage-wise) as are found in the sero-proteic make-up of the fresh normal blood.
- In the Blood there were also found these minerals: chlorides, phosphorus, magnesium, potassium, sodium and calcium.
- The preservation of the Flesh and of the Blood, which were left in their natural state for twelve centuries and exposed to the action of atmospheric and biological agents, remains an extraordinary phenomenon.

"Eucharistic Miracle: Lanciano, Italy 8th Century A.D." Real Presence Eucharistic Education and Adoration Association, 2023, <http://www.therealpresence.org/eucharst/mir/lanciano.html>.